

health bullets

December 2005

Access and Cost

Capsule information and trends related to increasing access to affordable, high quality health care for all Arizonans.

#1 The rate of employer-sponsored insurance coverage (ESI) is declining, while the cost of ESI continues to rise:

- Between 1996 and 2000 the percentage of Arizona firms that offered insurance increased from 54.2% to 62.9%, only to fall again by the end of 2003 to just 55.1%.¹
- Employees in firms with fewer than 10 employees that offer ESI are *more* likely to be eligible for coverage (85.5%) and slightly *more* likely to be enrolled (78.1%), while employees in firms with 100-999 employees are *less* likely to be eligible (just 67.6% are) and if eligible, are also slightly *less* likely to be enrolled (77.2%).²
- Health insurance premiums for single coverage increased from \$1,792 in 1996 to \$3,209 per year in 2003, a 79.1% increase. Small employers in Arizona were hit the hardest: an increase of 94% compared to 73% for the largest firms.³
- Health insurance enrollment varies significantly with wages: 77.9% of firms in the highest wage quartile offer ESI and have the largest percentage of eligible employees enrolled (74.6%). For industrial sectors with wage scale in the bottom quartile, only 35.3% of firms offer insurance, and just 31.9% of employees are enrolled.⁴
- People understand the trade-off between wages and benefits, but are conflicted about choosing between them: 59% of people with ESI say that it is more important to them to get a decent pay increase than to maintain or improve their current level of health insurance. At the same time, 61% say that if faced with a choice, they would choose to have no pay increase in order to maintain their current health insurance benefits.⁵

#2 Despite our challenges, Arizona's economic glass is more than half-full:

- Median household income, poverty rates and the percentage of people without health insurance all experienced slight improvements in 2004.
- Responding to current and anticipated growth, health systems have embarked on an unprecedented effort to expand both physical capacity and service capabilities. Arizona's healthcare industry is a \$30 billion annual enterprise in direct services alone; the economic multiplier in construction, related services and consumer purchasing/employment is well beyond that figure.⁷
- Health system employment grew 73% between 1990 and 2003, and currently accounts for 14% of the state's employment. Biotechnology and genomics are projected to recast health care in terms of both economic priorities and quality of life, and fuel continued growth in healthcare sector employment.⁸

#3 In the face of rapid growth, more Arizonans are at risk for being uninsured:

- **Rising Premiums** The average premium for family coverage now exceeds the gross annual income of a full-time, minimum wage worker.⁹
- **Changing Jobs** Average monthly job turnover in Arizona hovers around 3.3%, translating to a rough estimate of 55,000 people changing jobs and insurance plans every month. ¹⁰ Given Arizona's high proportion of construction and hospitality/service industry jobs, this estimate could be much higher.
- Cost Shifting to Employees From 1996 to 2003, the employee premium cost for family coverage increased from \$1,074 to \$2,697 a whopping 151%. Not surprisingly, the biggest drops in enrollment between 1996 and 2003 occurred in firms that had the biggest increase in employee premium costs.¹¹
- Age, Race and Income Young adults age 17 to 22 are less likely to be insured, as are Hispanics and low-income families.¹²

#4 More Arizonans are covered by public insurance programs:

- Between October 2002 and October 2003, AHCCCS acute care enrollment increased 16.9%, slowing to 7% between 2003 and 2004, and just 2.3% from October 2004 to October 2005, when it totaled 1,013,573 members.¹³
- Nationally, Medicaid spending increases averaged 10.2% per year between 2000 2003, driven both by the weak economy and the increasing cost of care. In 2005, spending growth slowed to an average of 7.5% as states implemented policies to limit eligibility and coverage.
- Based on both enrollment growth and the rising cost of care, the AHCCCS budget has similarly increased. Total spending in FY 2004 was \$5.199 million, increasing to \$5.959 million in 2005. It is projected to increase to \$7.457 million in FY 2006.¹⁶
- Enrollment in Health Care Group, which is tailored to the needs of small businesses, has increased steadily and now stands at 13,250.

#5 Lack of access to affordable health insurance may be Arizona's economic leviathan:

- At 17%, Arizona's uninsured rate is higher than the national average of 15.4%. Being uninsured is correlated with reduced productivity, higher absenteeism and higher overall healthcare system costs. ¹⁷ Individuals, employers and the broader community are all negatively impacted when large numbers of people lack health insurance.
- Nationally, 55% of persons who filed for bankruptcy cited medical causes, and nearly 40% of people filing for bankruptcy due to medical debt had a lapse in coverage during the previous two years. 18
- When faced with increasing out-of-pocket expenses, 26% of people try to find a less expensive health plan, 20% try to use fewer healthcare services and 40% try to save money elsewhere including spending less money on other goods and services. 19
- Nationally, the estimated loss of economic output due to health issues is \$260 billion per year.²⁰
- Increasing premiums and other cost-sharing aspects of public insurance programs don't save money. They shift costs to other sources of revenue within the system,²¹ negatively impacting the health status of those who lose coverage in the process.²²

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- Gabel, Jon, et al., Health Benefits in 2005: Premium Increases Slow Down, Coverage Continue to Erode. Health Affairs; 25(5) p. 1273-1280. See also: Kaiser Family Foundation and the Health Research and Educational Trust, 2005 Employer Health Benefits Survey. http://www.kff.org/insurance/7315/
- 10 Calculations based on a total civilian, non-farm workforce of 2,854,400 and 55% ESI coverage rate. Data retrieved from the Arizona Department of Economic Security and U.S. Bureau of Labor Statistics on October 20, 2005. http://www.workforce.az.gov/admin/uploadedPublications/634_aznaics.xls
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- 12 Klein, K., et al., Entrances and Exits: Health Insurance Churning, 1998–2000,
 The Commonwealth Fund, September 2005.
 http://www.cmwf.org/usr_doc/klein_855_entrancesexits_ib.pdf

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 Accessed October 18, 2005
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- 15 Kaiser Family Foundation/Kaiser Commission on Medicaid and the Uninsured. http://www.kff.org/medicaid/upload/Summary-of-Findings-The-State-of-Medicaid-Briefing-October-19-2005.pdf
- 16 Arizona Health Care Cost Containment System; Financial Statements FYE 2004. (http://www.ahcccs.state.az.us/Publications/Reports/FinancialStatements/ FY2004FinancialStatements.pdf) Accessed October 18, 2005. FY 2006 expenditure projection from presentation by Anthony Rodgers at the Arizona Chamber of Commerce Health Care Summit, October 21, 2005.
- 17 For more information, see the Institute of Medicine. Hidden Costs, Value Lost, Uninsurance in America, June 2003. (http://www.iom.edu/report.asp?id=5404) and A Shared Destiny: Community Effects of Uninsurance, March 2003. (http://www.iom.edu/project.asp?ID=4660)
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Our Mission

To improve the health of people and their communities in Arizona, with an emphasis on helping people in need and building the capacity of communities to help themselves.

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